



# UPCOMING PROFESSIONAL DEVELOPMENT AND TRAINING EVENTS



**Seeking CA MCLE  
Credit for today?**

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us know!



## NEXT WEBINAR

The graphic features a cityscape background with several white location pin icons connected by thin white lines. In the top left corner, a brown diagonal banner reads 'INTERACTIVE WEBINAR'. A central dark blue box contains the title '2023 Town Hall: Exploring Possibilities'. Below the title, two circular portraits are shown: Gary Friedman on the left and Catherine Conner on the right, each with their name written in a curved banner below their portrait. In the bottom right corner, the logo for 'THE CENTER FOR Understanding in Conflict' is visible. A dark blue box in the bottom left corner provides the date and time: 'December 12, 2023 12:00PM - 1:00PM Online'.

**2023 Town Hall:  
Exploring Possibilities**

**December 12, 2023  
12:00PM - 1:00PM  
Online**

**CATHERINE CONNER**

**GARY FRIEDMAN**

THE CENTER FOR  
Understanding  
in Conflict

As we approach the end of the year, we invite you to a town hall webinar experience to collectively explore personal and professional interests, address common concerns, and ignite a passion for applying understanding-based practices.

**There is no cost to attend this event, although we do ask that you register.**

Join Catherine Conner and Gary Friedman on December 12, 2023 and be part of an interactive discussion designed to help people find possibilities for themselves and others in the face of impossibility and gain invaluable insights to embark on a journey of successful conflict resolution and mediation with a renewed commitment to fostering harmonious relationships and creating positive change.

# SELF-REFLECTION FOR CONFLICT PROFESSIONALS INTENSIVE (SCPI)

Participants will practice various self-reflection methods during six group online sessions over six months:

- Learn about **compassionately connecting** with and understanding, in the context of our various histories, positions, and intersections, our deeper impulses fueling our commitment to working with people in conflict.
- Recognize **barriers to self-understanding** and constructive presence, such as general reactivity, judgment, insecurity, anger, or the desire for control.
- **Work with those barriers** in ways that bring us closer to ourselves and our clients.
- **Explore SCPI concepts and skills** through the specific experiences of cohort participants.
- Discuss how to **integrate inner experience** and external action.



## SELF-REFLECTION FOR CONFLICT PROFESSIONALS INTENSIVE

USING SELF-REFLECTION TO HELP CLIENTS THROUGH AWARENESS

This program is for anyone whose work includes **helping people navigate conflicts**, including mediators in various community and professional contexts, human resource managers, team leaders, volunteer coordinators, ombudspersons, lawyers, mental health and financial and fiduciary professionals, and other similar professionals. Participants can be previously trained in or identified with the CUC understanding-based model, but it is not a requirement.

**3 Spaces Left - Register by December 15th**

# 2024 TEACHER TRAINING PROGRAM

Over nine months, through a mix of in-person and online sessions along with self-reflection, reading, one-on-one and small group conversations, and projects between sessions, participants in the Teacher Training cohort will:

- Learn how to **teach CUC's model, including the Center's teaching style and Understanding-Based principles**, concepts, and tools.
- Work with CUC's **most experienced teachers**, including Gary Friedman and Catherine Conner.
- **Practice delivering** Understanding-Based conflict resolution **content**.
- Through **self-reflection practices**, explore and bring their authentic selves to their teaching.
- Use **various instructional methods and formats**, informed by pedagogical best practices, to hold training space for all learners.
- Understand the **logistics of planning and executing a training**.



The Center for Understanding in Conflict's training programs have been popular for over 40 years because the Understanding-Based approach resonates with many people. Our trainings are powerful experiential education, carefully designed and skillfully taught. After a successful **2022-23 cohort**, we are looking to continue deepening and broadening our teaching capacity, improving our ability to serve participants in our training programs, and supporting CUC community members in developing the skills to teach Understanding-Based conflict engagement in various contexts.

**Applications Due Monday 11/27 @ 5PM PST**

## CONFLICT RESOLUTION AND MEDIATION TRAINING

In this gold standard mediation training, learn how to **support parties working through conflict** or engaging in other important conversations in a different way.

Our Understanding-Based model focuses on guiding parties to make knowing and informed choices together in a respectful manner.

Highlights of our basic training, *Working Creatively with Conflict*, include:

- **Positive neutrality** – supporting all parties without taking sides
- **The Loop of Understanding** – enhancing understanding and empathy
- **Creative Options** – innovating to meet differing needs and interests
- **A Foundation for the Future** – building the groundwork for the parties to make effective and lasting decisions together now and in the future



### Our flagship experiential certificate training program centered around the Understanding-Based Model.

Realistic simulations, in which participants work through mediations from beginning to end, with coaching from our teachers, offer participants the chance to hone their skills and experience the emotional challenges faced by parties in dispute. Participants describe these different learning modes and their interplay as enjoyable, engaging, and rewarding.

#### Online

Jan. 26 & 27 and Feb. 1 - 3, 2024  
June 20 & 21, 26 - 28, 2024

#### West Coast

March 13 - 17, 2024  
November 6 - 10, 2024

#### East Coast

See Below

# CONFLICT RESOLUTION AND MEDIATION TRAINING



**TRAINING**  
PART 146 APPROVED  
CLE ELIGIBLE IN NY

## 24-Hour Basic Mediation Training

April 25 - 27, 2024  
Wainwright House  
Rye, NY

THE CENTER FOR  
Understanding  
in Conflict

### **Core Concepts**

In this 24-hour program, adapted from our gold standard mediation training, you will learn how to support parties working through conflict or engaging in other important conversations in a different way. Our Understanding-Based model focuses on guiding parties to make knowing and informed choices together in a respectful manner.

Highlights include:

- Positive neutrality – supporting all parties without taking sides.
- The Loop of Understanding – enhancing understanding and empathy.
- Creative Options – innovating to meet differing needs and interests.
- A Foundation for the Future – building the groundwork for the parties to make effective and lasting decisions together now and in the future.



**TRAINING**  
PART 146 APPROVED  
CLE ELIGIBLE IN NY

## 16-Hour Advanced Matrimonial Mediation Training

May 29 & 30 and June 5 & 6, 2024  
1:00 PM - 5:00 PM EST  
ONLINE

THE CENTER FOR  
Understanding  
in Conflict

### **Core Concepts**

This highly engaging program will:

- Teach participants relevant New York State matrimonial and family law.
- Teach advanced skills helpful to mediate divorces and family cases effectively rooted in the understanding-based model.
- Qualifies as an advanced mediation course approved under Part 146.4(b)(2) of the Rules of the Chief Administrative Judge of New York State.
- Provide 16 hours of NYS CLE credits.
- Can be combined with the 24-hour Basic Mediation Training Course to receive a 40-hour completion certificate.

## Continue Mastering the Understanding-Based Model with Professional and Peer Support

- Members have **access to a year of live webinars** covering professional development, hot-button issues for practitioners, and interviews with leading minds.
- **Robust program recording library (50+)** covering a variety of topics for professional development and support.
- CUC Connect is for those looking for continuing support as they master the art of turning the emotions they've always avoided into a path to professional effectiveness, ultimately leading to better outcomes to finding resolution between those in conflict.
- The **support of like-minded professionals** will equip and encourage you to keep parties together in the room while continuing to **practice staying vulnerable to the emotions** at the heart of a conflict.

You'll find a sustaining professional home in CUC Connect.



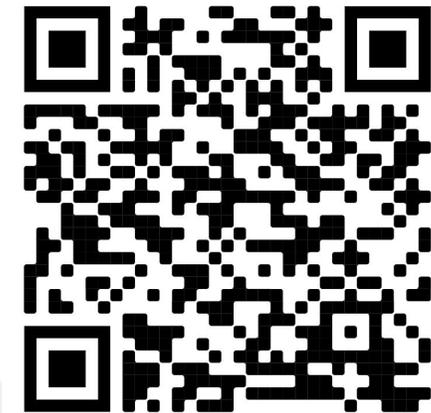
## CUC Connect Membership

**Membership**  
\$200 / year

Live webinars

50+ Webinar library

10% registration  
discount



[https://bit.ly/CUC\\_Connect](https://bit.ly/CUC_Connect)